

FAMILY BEACH PACKING LIST

EVERYTHING YOU NEED TO BRING!

WHAT YOU NEED FOR A DAY AT THE BEACH

- ☐ Sunscreen (SPF 30+)
- ☐ Lip balm with SPF
- ☐ Sun hats
- ☐ Sunglasses
- ☐ Water bottles
- ☐ Snacks
- ☐ Hand sanitiser
- ☐ Wet wipes
- ☐ First aid kit
- ☐ Swimwear (2 sets per child)
- ☐ Rash vests
- ☐ Towels
- ☐ Swim nappies
- ☐ Goggles
- ☐ Snorkel sets
- ☐ Flip-flops / water shoes
- ☐ Beach umbrella / sun shelter
- ☐ Beach blanket / mat
- ☐ Folding chairs
- ☐ Picnic rug
- ☐ Beach toys & inflatables
- ☐ Frisbee / ball / kite
- ☐ Books / magazines
- ☐ Cool bag & ice packs
- ☐ Easy-to-eat food
- ☐ Treats
- ☐ Reusable cutlery
- ☐ Napkins / kitchen roll
- ☐ Baby sunscreen
- ☐ Sun tent
- ☐ Baby change of clothes
- ☐ Travel cot (optional)
- ☐ Baby carrier
- ☐ Baby snacks / milk
- ☐ Plastic bags
- ☐ Ziplock bags
- ☐ Power bank
- ☐ Light jumper / hoodie
- ☐ Change of clothes for all